



Step 1: Cover the hook shank with thread from behind the eye to above the barb. When tying the abdomen with Antron dubbing, leave a space between the eye of the hook and the abdomen exactly the same distance as between the two lines that you will note on the Foam Wing Hopper EZ Body, and taper it from the back to the front.



Step 2: Tie in two CDC feathers to point backwards over the abdomen. These should be tied tight against the abdomen in the open space between the eye of the hook and the abdomen. The length of the wing should be the same as that of the foam body from the rear line to the tip of the wing. I use a couple of CDC feathers under the wing to keep water away from the foam and the rest of the fly.

Step 3: Tie the Foam Wing Hopper EZ Body onto the hook, positioning it in such a way that, when the line on the wing side of the component is tied down right in front of the abdomen, the other line is right behind the eye of the hook. You will then not have to worry about the proportions of the fly.

Step 4: I like to tie the Antron Yarn a little longer than the Foam Wing Hopper EZ Body. Tie it on top of the Hopper EZ Body in such a way that it spreads out. I always use white, but you can use a colour to match the Hopper EZ Body.



Step 5: Cut a bunch of deer hair and use a hair stacker to get the tips even. Tie it on top of the Antron wing (same length as the Antron wing). Don't tie in too thick a bunch as it will make the fly too bulky and the deer hair may flare too much when finishing the fly off. Trim the excess between the abdomen and the eye of the hook.

Step 6: Now build the head of the hopper with CDC dubbing. I use coarse CDC dubbing, which imitates the front legs of the hopper. When done, make sure to stop the thread behind the head on the abdomen side of the fly.

Step 7: Fold the front piece of foam backwards over the head and tie it down in front of the wing with two or three tight wraps.



Step 8: Tie in the legs on the sides. Then cut a thin piece of white foam and tie it in on the top, trimming the excess as short as possible. This foam will make the fly visible to the angler and will not be seen by the fish.

